

The numbers in brackets refer to the corresponding chakra for that stone:

0 = CAN BE APPLIED TO ANY CHAKRA  
1 = ROOT CHAKRA  
2 = NAVEL / SACRAL CHAKRA  
3 = SOLAR PLEXUS CHAKRA  
4 = HEART CHAKRA  
5 = THROAT CHAKRA  
6 = THIRD EYE CHAKRA  
7 = CROWN CHAKRA  
X = CHAKRA APPLICATION  
DEPENDS ON STONE'S COLOR

**Aegirine:** self-quest; revitalizes the mind; increases the heating energy of other stones [1]

**African mystic quartz:** cleansing; accelerates spiritual growth; focuses healing energy [X]

**Agate:** discerns truth; accepts circumstances; powerful emotional healer [X]

**Ajoite:** activates and energizes the heart chakra; aligns with the universal spirit [0]

**Alexandrite:** enhances the rebirth of inner and outer self-, promotes awareness [7]

**Amazonite:** aligns astral bodies; unity with life; enhances creative expression [5]

**Amber:** calming for hyperactivity and stressed nerves; helps find humor and joy [2]

**Amethyst:** encourages inner peace; fights addictive behavior; transforms energy [6, 7]

**Ametrine:** dispels negativity; aids decision making and meditation; relieves stress [3, 6, 7]

**Andalusite:** stimulates past memories, realignment, and centering of self [4, 5, 6]

**Angelite:** protects; strengthens degenerate , organs; excellent for creative people [4]

**Apache Tear:** grants forgiveness; aids understanding in distress [1]

**Apatite:** good for communication; highly psychic; controls weight gain [X]

**Aquamarine:** banishes fears; calms nerves; impels strength and control [5]

**Aragonite:** calms and centers; allows for insight; aids self-discipline [1, 2, 3, 4]

**Aventurine:** independence; strong legs and joints; helps in career change [4]

**Azurite:** guidance to psychic self, cuts through illusion; enhances communication [6]

**Azurite-malachite:** initiates transformation; aids clarity and understanding in vision [6]

**Barite:** loyalty; harmony; aids intuition and relationships; motivates to follow dreams [5]

**Blizzard stone:** protects the body's magnetic field (from computers, etc.) [1]

**Blue-lace agate:** expands consciousness; soothing; wise; aids public speaking [5]

**Bloodstone:** prevents high blood pressure; cleanser of body; aids decision-making [1]

**Brazilianite:** trust in self, refreshes prebirth memories; gently clears blockages [0]

**Calcite:** aids memory; balances the mental and the emotional [X]

**Candle Quartz:** aids in accessing ancient knowledge and putting it to use [0]

**Carnelian:** releases sorrow, envy, fear, apathy, and rage; past-life work [2]

**Celestite:** aids clear speech and personal expression; highly spiritual [5]

**Chalcedony:** expression of emotional needs; honesty; alleviates regret [2]

**Charoite:** accelerates spiritual growth; enhances self-esteem and ability to love [6]

**Chrysocolla:** communication; female energy; creativity; relieves ulcers and arthritis [4, 5, 6]

**Chrysoprase:** prevents depression; increases grace and equilibrium; balances energy [4]

**Citrine:** cleans auras; detoxifies the body; aids tissue regeneration [2]

**Copper:** soothes arthritis; releases restrictions; stimulates initiative and optimism [0]

**Coral:** protection from evil; increases imagination; resolves conflicts [X]

**Danburite:** stimulates intellect; enhances psychic ability and self-assuredness [7]

**Diopside:** brings necessary tears; heals trauma aids regression; scrying stone [X]

**Diopase:** attracts love, abundance, prosperity, and health [4]

**Diopase with dolomite:** reduces body aches, stress, and sorrow; helps growth of muscles, hair, nails, etc. [4]

**Dravite:** a protective stone that brings the peace of the earth to the higher self [1]

**Emerald:** secures love; attracts wealth and profitable dreaming [4]

**Ferro-actinolite:** assists past-life recall; shields the heart; increases life force; brotherhood [4]

**Fluorite:** aids comprehension; strengthens teeth and bones; stabilizing and calming [X]

**Fossil:** aids past-life exploration; protection from spells [0]

**Galena:** harmony; healthy hair; promotes holistic studies [1]

**Garnet:** increases health, fidelity, and imagination; balances energy flow [1, 4]

**Hematite:** grounding; promotes common sense and level headedness [1]

**Herkimer diamond:** stimulates psychic abilities; soothes tension; aids sleep [0]

**Hessonite:** clears negativity; eliminates feelings of inferiority; promotes positive change [3]

**Heulandite:** assists past-life recall; weight loss; open-mindedness; helps one deal with loss [X]

**Hiddenite:** stimulates intellect and insight; universal love [4]

**Holly blue agate:** spiritual and psychic actualization; as one teaches, one also learns [7]

**Howlite:** combines reasoning, observation, and patience, providing for discernment [6, 7]

**Infinite:** helps one deal with one's past, present, and future at once; a very loving angelic stone [4]

**Lolite:** gives accurate visions; releases discord; strengthens liver; soul connector [7]

**Jade:** reduces eyestrain and negativity; promotes longevity; helps dream recall and interpretation [4]

**Jasper:** powerful physical healer; protects against negativity [X]

**Jet:** dispels migraines, illness, violence, and deep depression; protects finances [1]

**Kundalini quartz:** primal energy; raises Kundalini; grounding [1]

**Kunzite:** reduces insecurity and addictiveness; a loving stone; gives maturity [4]

**Kyanite:** promotes clarity and understanding in dreamwork; enhances creativity [5,6, 7]

**Labradorite:** brings recognition of destiny; increases telepathic ability [6, 7]

**Lapis lazuli:** strengthens total awareness and ESP; creativity [6]

**Larimar:** confidence builder; good for sales; reduces depression; builds serenity [5]

**Lepidolite:** promotes self-love; alleviates stress, anger, and tension [4]

**Malachite:** lucky money stone; helpful for sleep, asthma, and labor [4]

**Moldavite:** helps channel interdimensional sources; catalyst for important life changes [4]

**Mookaite:** protective; brings one into the "here and now"; helps in acceptance of change [1, 2, 3]

**Moonstone:** lucky love stone; calming; introspective; assists with emotional release [2]

**Morganite:** sisterhood; balances emotions; heals pain of separation; love energy [4]

**Obsidian:** eliminates gullibility; offers detachment; very protective [1]

**Onyx:** relieves stress and grief, strengthens self control and morality [11]

**Opal:** helps recall of past lives; aids inner beauty, faithfulness, and eyesight [7]

**Peridot:** opens new doors; removes stress, fear, and guilt; activates personal growth [4]

**Petalite:** enhances ability to feel energy; dissolves negative energy & black magic; the stone of angels

[0]

**Petrified wood:** connection to earth and nature; removes petty annoyances [ 1]

**Phenacite:** inner knowing; spiritual travel; increases energy of other stones [7]

**Pietersite:** dignified power and loving guidance; helps access Akashic records [6, 7]

**Prase:** resolves sexuality issues; sense of oneness with universe; Earth-mother stone [4]

**Prehnite:** balances chakras; enhances personal relationships [3, 4]

**Purpurite:** helps break away from limiting patterns; finances; increases spirituality [7]

**Pyrite:** increases memory, concentration, and spiritual and psychic ability [1]

**Quartz:** programmable stone; breaks bad habits; relieves headaches; channeling stone; enhances life force [0]

**Rhodizite:** "the master crystal"; unlocks blockages; activates chakras; positive stone [0]

**Rhodochrosite:** strengthens mental power; helps find new love [4]

**Rhodonite:** assuredness; helps one achieve the greatest potential [41]

**Rose quartz:** self-assuredness; love stone; reduces weight and wrinkles [4]

**Ruby:** mental balance; improves circulation; protects sensitive natures [4]

**Rutilated quartz:** excellent for birthing process; enhances communication [0]

**Sapphire:** goal motivator; strengthens loyalty-, highly evolved spiritual stone [6, 7]

**Selenite:** flexibility; clarity in decision-making; strengthens spinal column [7]

**Seraphinite:** cleanses aura and chakras; helps contact angels; energy of cooperation [4, 7]

**Smoky quartz:** relieves depression and tension; balances sexual energies [1]

**Sodalite:** prophetic dreaming; good for endocrine system; eliminates confusion [6]

**Staurolite:** tears of fairies; good luck; helps transitions; makes one at ease [1]

**Stichtite:** encourages truthfulness, gentleness, & an open mind; eases Kundalini through heart chakra [4]

**Strawberry quartz:** aids recall of past lives; eases tension in relationships [4]

**Sugilite:** aids physical healing; reduces stress; strengthens heart; an emotional balancer [6, 7]

**Sugilite with manganese:** increases psychic and spiritual awareness; grounding [1, 6, 7]

**Sunstone:** dissipates fear; increases vitality; fosters spiritual growth; a stone of luck [3]

**Tanzanite:** a stone of magic; facilitates spiritual awareness; stimulates insight [6]

**Tektite:** fosters wisdom through life experience; prevents emotional scars [1]

**Tiger iron:** enhances creativity through meditation; good for motivation on all levels [1, 2, 3]

**Tiger's-eye:** psychic protector; great for business success; encourages clarity [X]

**Topaz:** good for tissue regeneration, kidneys, and bladder; enhances understanding [X]

**Tourmaline:** good for anemia; increases success and love; relieves fatigue [X]

**Turquoise:** friendship stone; fosters mental relaxation; supports respiratory system [5]

**Turritella:** eases domestic relations and group interactions [1]

**Unakite:** enhances sense of personal power; converts the negative into the positive [4]

**Vesuvianite:** creative and intuitive aid; helps fight depression, fear, and negativity [X]

**Victorite:** peacefulness; encourages awareness of higher energies, emotional release, and clarity of speech [5]

**Zincite:** cathartic; removes energy blockages; brings together similar minds [1, 2, 3]

*Taken from New Age Retailer, October 2004.  
Provided by Rosley's Rocks & Gems in Chicago IL:  
www.crystalmaster.com.*